

ज्येष्ठत्वं जन्मना नैव, गुणैः ज्येष्ठत्वम् उच्यते।  
गुणात् गुरुत्वम् आयाति, दुग्धं दधि घृतं क्रमात् ॥

Jyestatvam janmana naiva gunairjyestatvamucate |  
Gunat gurutvamayati dugdham dadhi ghrtam kramat | |

Nobility comes due to possession of good qualities (good gunaas) and not by the family that one is born in.

Good gunaas help us evolve and improve like how milk turns into curd and curd into ghee.

